

BANDING

For all hemorrhoidal banding appointment, a rectal fleet enema must be performed 2 hours prior to your scheduled time.

If you take daily aspirin or any blood thinning medication, you must let Dr. Boushey's office know ahead of time to receive directive on how to proceed.

Following banding of your hemorrhoids, it is important to stay on a high fiber diet to prevent constipation and straining.

It is also a good idea to avoid heavy lifting the day of your procedure, but you should be able to resume your normal activities the following day.

If there are any questions or concerns regarding these instructions, please do not hesitate to contact the office at:

613-737-8899 Ext. 71724 for appointments at The Ottawa Hospital

613-686-6656 for appointments at Ottawa Gastrointestinal Institute (OGI).